

NOVEMBER | 2023



PRC Dinner

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1 Beef shepherd's pie Assorted veggies	2 Honey garlic chicken Fried rice Assorted veggies	3 Mini meatloaf Roasted potato Assorted veggies	4 Black bean chicken taquitos Brown rice Assorted veggies
5 Tomato bisque pasta with chicken Assorted veggies Toast	6 Slow cooker mac and cheese Assorted veggies	7 French onion chicken pasta Assorted veggies	8 Pot roast Assorted veggies Dinner roll	9 Hawaiian pork Coconut rice Assorted veggies	10 Tuna noodle casserole Assorted veggies	11 Sneaky chicken alfredo Assorted veggies Garlic bread
12 Lemon chicken Roasted potato Assorted veggies	13 Swedish meatballs Egg noodles Assorted veggies	14 Chicken tortilla casserole Assorted veggies	15 Beef shepherd's pie Assorted veggies	16 Honey garlic chicken Fried rice Assorted veggies	17 Mini meatloaf Roasted potato Assorted veggies	18 Black bean chicken taquitos Brown rice Assorted veggies
19 Tomato bisque pasta with chicken Assorted veggies Toast	20 Slow cooker mac and cheese Assorted veggies	21 French onion chicken pasta Assorted veggies	22 Pot roast Assorted veggies Dinner roll	23 Hawaiian pork Coconut rice Assorted veggies	24 Tuna noodle casserole Assorted veggies	25 Sneaky chicken alfredo Assorted veggies Garlic bread
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