

# NOVEMBER | 2023



## PRC Breakfast

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1 Breakfast quesadilla Hashbrowns Fruit Juice/Milk	2 Apple french toast Eggs Fruit Juice/Milk	3 Savory veggie skillet Breakfast potato Fruit Juice/Milk	4 Staff choice
5 Staff choice	6 Pumpkin pancakes Eggs Fruit Juice/Milk	7 Fiesta scramble: Meat, egg, cheese, quinoa, garden salsa Fruit Juice/Milk	8 Breakfast quesadilla Hashbrowns Fruit Juice/Milk	9 Apple french toast Eggs Fruit Juice/Milk	10 Savory veggie skillet Breakfast potato Fruit Juice/Milk	11 Staff choice
12 Staff choice	13 Pumpkin pancakes Eggs Fruit Juice/Milk	14 Fiesta scramble: Meat, egg, cheese, quinoa, garden salsa Fruit Juice/Milk	15 Breakfast quesadilla Hashbrowns Fruit Juice/Milk	16 Apple french toast Eggs Fruit Juice/Milk	17 Savory veggie skillet Breakfast potato Fruit Juice/Milk	18 Staff choice
19 Staff choice	20 Pumpkin pancakes Eggs Fruit Juice/Milk	21 Fiesta scramble: Meat, egg, cheese, quinoa, garden salsa Fruit Juice/Milk	22 Breakfast quesadilla Hashbrowns Fruit Juice/Milk	23 Apple french toast Eggs Fruit Juice/Milk	24 Savory veggie skillet Breakfast potato Fruit Juice/Milk	25 Staff choice
26 Staff choice	27 Pumpkin pancakes Eggs Fruit Juice/Milk	28 Fiesta scramble: Meat, egg, cheese, quinoa, garden salsa Fruit Juice/Milk	29 Breakfast quesadilla Hashbrowns Fruit Juice/Milk	30 Apple french toast Eggs Fruit Juice/Milk	1	2