

# OCTOBER | 2023



## PRC Breakfast

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Staff choice	2 Meat, egg and potato skillet with garden salsa Fruit Milk/Juice	3 Pumpkin french toast Eggs Fruit Milk/Juice	4 Sweet potato hash with veggies Fruit Milk/Juice	5 Breakfast burrito Fruit Juice/Milk	6 Apple pancakes Eggs Fruit Milk/Juice	7 Staff choice
8 Staff choice	9 Meat, egg and potato skillet with garden salsa Fruit Milk/Juice	10 Pumpkin french toast Eggs Fruit Milk/Juice	11 Sweet potato hash with veggies Fruit Milk/Juice	12 Breakfast burrito Fruit Juice/Milk	13 Apple pancakes Eggs Fruit Milk/Juice	14 Staff choice
15 Staff choice	16 Meat, egg and potato skillet with garden salsa Fruit Milk/Juice	17 Pumpkin french toast Eggs Fruit Milk/Juice	18 Sweet potato hash with veggies Milk/Juice	19 Breakfast burrito Fruit Juice/Milk	20 Apple pancakes Eggs Fruit Milk/Juice	21 Staff choice
22 Staff choice	23 Meat, egg and potato skillet with garden salsa Fruit Milk/Juice	24 Pumpkin french toast Eggs Fruit Milk/Juice	25 Sweet potato hash with veggies Fruit Milk/Juice	26 Breakfast burrito Fruit Juice/Milk	27 Apple pancakes Eggs Fruit Milk/Juice	28 Staff choice
29 Staff choice	30 Meat, egg and potato skillet with garden salsa Fruit Milk/Juice	31 Pumpkin french toast Eggs Fruit Milk/Juice	1	2	3	4