## AUGUST 2023

## PRC Breakfast

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1 Fiesta skillet Fresh fruit Juice/Milk	Whole grain pancakes Scrambled eggs Fresh fruit Juice/Milk	3 Savory veggie skillet Breakfast potatoes Fresh fruit Juice/Milk	4 Cheesy eggs Whole grain toast with peanut butter and banana Fresh fruit Juice/Milk	5 Staff choice
6 Staff choice	7 Country skillet Fresh fruit Juice/Milk	8 Fiesta skillet Fresh fruit Juice/Milk	9 Whole grain pancakes Scrambled eggs Fresh fruit Juice/Milk	10 Savory veggie skillet Breakfast potatoes Fresh fruit Juice/Milk	11 Cheesy eggs Whole grain toast with peanut butter and banana Fresh fruit Juice/Milk	12 Staff choice
13 Staff choice	14 Country skillet Fresh fruit Juice/Milk	15 Fiesta skillet Fresh fruit Juice/Milk	16 Whole grain pancakes Scrambled eggs Fresh fruit Juice/Milk	17 Savory veggie skillet Breakfast potatoes Fresh fruit Juice/Milk	18 Cheesy eggs Whole grain toast with peanut butter and banana Fresh fruit Juice/Milk	19 Staff choice
20 Staff choice	21 Country skillet Fresh fruit Juice/Milk	22 Fiesta skillet Fresh fruit Juice/Milk	23 Whole grain pancakes Scrambled eggs Fresh fruit Juice/Milk	24 Savory veggie skillet Breakfast potatoes Fresh fruit Juice/Milk	25 Cheesy eggs Whole grain toast with peanut butter and banana Fresh fruit Juice/Milk	26 Staff choice
27 Staff choice	28 Country skillet Fresh fruit Juice/Milk	29 Fiesta skillet Fresh fruit Juice/Milk	30 Whole grain pancakes Scrambled eggs Fresh fruit Juice/Milk	31 Savory veggie skillet Breakfast potatoes Fresh fruit Juice/Milk	1	2