

AUGUST | 2023

PRC Dinner



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1 Gnocchi with sausage and peppers Assorted veggies Juice/Milk	2 Stuffed shells Assorted veggies Garlic roll Juice/Milk	3 Chicken dumplings casserole Country biscuit Assorted veggies Juice/Milk	4 Chicken enchiladas Garlic brown rice Juice/Milk	5 Baked sneaky mac and cheese with chicken Assorted veggies Juice/Milk
6 Pizza frittata Assorted veggies Juice/Milk	7 Roasted chicken thigh Creamy rice Assorted veggies Juice/Milk	8 Orange chicken Brown rice Assorted veggies Juice/Milk	9 Chicken alfredo lasagna roll up Garlic roll Assorted veggies Juice/Milk	10 Chicken carbonara Assorted veggies Juice/Milk	11 Sheet pan chicken fajitas Garlic brown rice Juice/Milk	12 Spinach pesto pasta with sausage Assorted veggies Juice/Milk
13 Sheet pan Italian chicken Assorted veggies Juice/Milk	14 Chicken fried rice Assorted veggies Juice/Milk	15 Gnocchi with sausage and peppers Assorted veggies Juice/Milk	16 Stuffed shells Assorted veggies Garlic roll Juice/Milk	17 Chicken dumplings casserole Country biscuit Assorted veggies Juice/Milk	18 Chicken enchiladas Garlic brown rice Juice/Milk	19 Baked sneaky mac and cheese with chicken Assorted veggies Juice/Milk
20 Pizza frittata Assorted veggies Juice/Milk	21 Roasted chicken thigh Creamy rice Assorted veggies Juice/Milk	22 Orange chicken Brown rice Assorted veggies Juice/Milk	23 Chicken alfredo lasagna roll up Garlic roll Assorted veggies Juice/Milk	24 Chicken carbonara Assorted veggies Juice/Milk	25 Chicken fajitas Garlic brown rice Juice/Milk	26 Spinach pesto pasta with sausage Assorted veggies Juice/Milk
27 Sheet pan Italian chicken Assorted veggies Juice/Milk	28 Chicken fried rice Assorted veggies Juice/Milk	29 Chicken enchiladas Garlic brown rice Juice/Milk	30 Stuffed shells Assorted veggies Garlic roll Juice/Milk	31 Chicken dumplings casserole Country biscuit Assorted veggies Juice/Milk	1	2