

JUNE | 2023

PRC Lunch



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1 Garlic bread grilled cheese Homestyle fries Assorted veggies Fruit Juice/Milk	2 Pizza Veggies Fruit Juice/Milk	3 Steak burrito Brown spanish rice Assorted veggies Fruit Juice/Milk
4 Chicken nuggets Roasted potatoes Assorted veggies Fruit Juice/Milk	5 Chicken parm with whole grain buttered noodles Assorted veggies Fruit Juice/Milk	6 Pork quesadilla Brown spanish rice Assorted veggies Fruit Juice/Milk	7 Fish sticks Brown rice Assorted veggies Fruit Juice/Milk	8 Veggie mac and cheese with chicken Veggies Fruit Juice/Milk	9 Pizza Veggies Fruit Juice/Milk	10 Crispy fish sandwich with tartar sauce Roasted sweet potatoes Assorted veggies Fruit Juice/Milk
11 Cheeseburger Pasta salad Fruit Juice/Milk	12 Mashed potato bowl Roasted chicken Veggies Gravy Fruit Juice/Milk	13 BBQ pork sliders Honey glazed sweet potato Veggies Fruit Juice/Milk	14 Crispy chicken and biscuits Veggies Fruit Juice/Milk	15 Garlic bread grilled cheese Homestyle fries Assorted veggies Fruit Juice/Milk	16 Pizza Veggies Fruit Juice/Milk	17 Steak burrito Brown spanish rice Assorted veggies Fruit Juice/Milk
18 Chicken nuggets Roasted potatoes Assorted veggies Fruit Juice/Milk	19 Chicken parm with whole grain buttered noodles Assorted veggies Fruit Juice/Milk	20 Pork quesadilla Brown spanish rice Assorted veggies Fruit Juice/Milk	21 Fish sticks Brown rice Assorted veggies Fruit Juice/Milk	22 Veggie mac and cheese with chicken Veggies Fruit Juice/Milk	23 Pizza Veggies Fruit Juice/Milk	24 Crispy fish sandwich with tarter sauce Roasted sweet potatoes Assorted veggies Fruit Juice/Milk
25 Cheeseburger Pasta salad Fruit Juice/Milk	26 Mashed potato bowl Roasted chicken Veggies Gravy Fruit Juice/Milk	27 BBQ pork sliders Honey glazed sweet potato Veggies Fruit Juice/Milk	28 Crispy chicken and biscuits Veggies Fruit Juice/Milk	29 Garlic bread grilled cheese Homestyle fries Assorted veggies Fruit Juice/Milk	30 Pizza Veggies Fruit Juice/Milk	1