JUNE | 2023



PRC Dinner

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1 Meat/cheese lasagna Garlic bread Veggies Fruit	Pot roast Dinner roll Veggies Fruit	3 Fajita stuffed peppers Brown Spanish rice Veggies Fruit
4 Hawaiian chicken Coconut rice Veggies Fruit	5 Steak teriyaki Lo mein noodles Veggies Fruit	6 Chef's Choice	7 Cheese ravioli in bolognaise sauce Cheesy bread Veggies Fruit	8 Kale pesto with Italian sausage Garlic bread Veggies Fruit	9 Roasted chicken Creamy rice Veggies Fruit	10 BBQ chicken kebabs Baked beans Veggies Fruit
¹¹ Honey glazed pork Rice pilaf Veggies Fruit	12 BBQ pork kebabs Baked beans Veggies Fruit	13 Chef's Choice	14 Stuffed chicken breast Baked potato Veggies Fruit	Meat/cheese lasagna Garlic bread Veggies Fruit	16 Pot roast Dinner roll Veggies Fruit	17 Fajita stuffed peppers Brown Spanish rice Veggies Fruit
¹⁸ Hawaiian chicken Coconut rice Veggies Fruit	19 Steak teriyaki Lo mein noodles Veggies Fruit	20 Chef's Choice	Cheese ravioli in bolognaise sauce Cheesy bread Veggies Fruit	Kale pesto with Italian sausage Garlic bread Veggies Fruit	Roasted chicken Creamy rice Veggies Fruit	BBQ chicken kebabs Baked beans Veggies Fruit
² Honey glazed pork Rice pilaf Veggies Fruit	26 BBQ pork kebabs Baked beans Veggies Fruit	27 Chef's Choice	Stuffed chicken breast Baked potato Veggies Fruit	Meat/cheese lasagna Garlic bread Veggies Fruit	30 Pot roast Dinner roll Veggies Fruit	1