

APRIL | 2023

PRC Lunch



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2	3 Turkey burger Roasted sweet potatoes Assorted veggies Fruit Milk/Juice	4 Beef teriyaki Fried brown rice Assorted veggies Fruit Juice/Milk	5 Chef choice	6 Pork burrito Brown rice Assorted veggies Fruit Juice/Milk	7 Pizza Assorted veggies Fruit Juice/Milk	8 Italian sub Chips Cookies Fruit cup Juicebox
9 Roast beef and cheese Chips Cookies Fruit cup Juicebox	10 Chicken club sandwich Homestyle fries Assorted veggies Fruit Milk/Juice	11 Chicken teriyaki Fried brown rice Assorted veggies Fruit Juice/Milk	12 Fish and chips Assorted veggies Fruit Milk/Juice	13 Chicken quesadilla Brown rice Assorted veggies Fruit	14 Pizza Assorted veggies Fruit Juice/Milk	15 Ham and cheese wrap Chips Cookies Fruit cup Juicebox
16 Chicken BLT wrap Chips Cookies Fruit cup Juicebox	17 Turkey burger Roasted sweet potatoes Assorted veggies Fruit Milk/Juice	18 Beef teriyaki Fried brown rice Assorted veggies Fruit Juice/Milk	19 Chicken tenders Sweet potato fries Assorted veggies Fruit	20 Pork burrito Brown rice Assorted veggies Fruit Juice/Milk	21 Pizza Assorted veggies Fruit Juice/Milk	22 Italian sub Chips Cookies Fruit cup Juicebox
23 Roast beef and cheese Chips Cookies Fruit cup Juicebox	24 Chicken club sandwich Homestyle fries Assorted veggies Fruit Milk/Juice	25 Chicken teriyaki Fried brown rice Assorted veggies Fruit Juice/Milk	26 Fish and chips Assorted veggies Fruit Milk/Juice	27 Chicken quesadilla Brown rice Assorted veggies Fruit	28 Pizza Assorted veggies Fruit Juice/Milk	29 Ham and cheese wrap Chips Cookies Fruit cup Juicebox
30 Chicken BLT wrap Chips Cookies Fruit cup Juicebox	1	2	3	4	5	6