



MARCH | 2023

PRC Dinner

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	1 Students cook	2 Pot roast Dinner roll Assorted veggies Fruit	3 Veggie mac and cheese Assorted veggies Fruit	4 BBQ pulled pork Baked beans Corn bread Assorted veggies Fruit
5 Sweet chili pork Veggie fried rice Fruit	6 Hawaiian chicken Coconut rice Assorted veggies Fruit	7 Spaghetti with meat sauce Garlic bread Assorted veggies Fruit	8 Students cook	9 Meat loaf Mashed potatoes Assorted veggies Fruit	10 Teriyaki beef Lo mein noodles Assorted veggies Fruit	11 Stuffed peppers Mashed potatoes Assorted veggies Fruit
12 Steak fajitas Brown rice and beans Assorted veggies Fruit	13 Orange chicken Fried rice Assorted veggies Fruit	14 Spaghetti with meat sauce Garlic bread Assorted veggies Fruit	15 Students cook	16 Pot roast Dinner roll Assorted veggies Fruit	17 Veggie mac and cheese Assorted veggies Fruit	18 BBQ pulled pork Baked beans Corn bread Assorted veggies Fruit
19 Sweet chili pork Veggie fried rice Fruit	20 Hawaiian chicken Coconut rice Assorted veggies Fruit	21 Spaghetti with meat sauce Garlic bread Assorted veggies Fruit	22 Students cook	23 Meat loaf Mashed potatoes Assorted veggies Fruit	24 Teriyaki beef Lo mein noodles Assorted veggies Fruit	25 Stuffed peppers Mashed potatoes Assorted veggies
26 Steak fajitas Brown rice and beans Assorted veggies Fruit	27 Orange chicken Fried rice Assorted veggies Fruit	28 Spaghetti with meat sauce Garlic bread Assorted veggies Fruit	29 Students cook	30 Pot roast Dinner roll Assorted veggies Fruit	31 Veggie mac and cheese Assorted veggies Fruit	1