



MARCH | 2023

PRC Breakfast

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	1 French toast Eggs Sausage Fruit Juice/milk	2 Eggs benedict -Egg -Turkey sausage -Whole grain muffin Fruit Juice/milk	3 Breakfast burrito Breakfast potatoes Sausage Fruit Juice/milk	4 French toast sticks Fruit Juice/milk
5 Continental Fruit Juice/milk	6 Pancakes Eggs Sausage Fruit Juice/milk	7 Biscuits & gravy Eggs Bacon Fruit Juice/milk	8 Meat, egg and cheese skillet Fruit Juice/milk	9 Cheesy eggs ½ bagel Turkey sausage Fruit Juice/milk	10 Breakfast quesadilla Breakfast potatoes Sausage Fruit Juice/milk	11 Breakfast sandwich Fruit Juice/milk
12 Continental Fruit Juice/milk	13 Pancakes Eggs Sausage Fruit Juice/milk	14 Ham and cheese frittata Hashbrowns Bacon Fruit Juice/milk	15 French toast Eggs Sausage Fruit Juice/milk	16 Eggs benedict -Egg -Turkey sausage -Whole grain muffin Fruit Juice/milk	17 Breakfast burrito Breakfast potatoes Sausage Fruit Juice/milk	18 French toast sticks Fruit Juice/milk
19 Continental Fruit Juice/milk	20 Pancakes Eggs Sausage Fruit Juice/milk	21 Biscuits & gravy Eggs Bacon Fruit Juice/milk	22 Meat, egg and cheese skillet Fruit Juice/milk	23 Cheesy eggs ½ bagel Turkey sausage Fruit Juice/milk	24 Breakfast quesadilla Breakfast potatoes Sausage Fruit Juice/milk	25 Breakfast sandwich Fruit Juice/milk
26 Continental Fruit Juice/milk	27 Pancakes Eggs Sausage Fruit Juice/milk	28 Ham and cheese frittata Hashbrowns Bacon Fruit Juice/milk	29 French toast Eggs Sausage Fruit Juice/milk	30 Eggs benedict -Egg -Turkey sausage -Whole grain muffin Fruit Juice/milk	31 Breakfast burrito Breakfast potatoes Sausage Fruit Juice/milk	1