



FEBRUARY | 2023

PRC Breakfast

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 Bagel with cream cheese Sausage Fruit Milk/juice	30 Pancakes Eggs Fruit Sausage Milk/juice	31 Veggie frittata Hashbrowns Fruit Sausage Juice/milk	1 French toast Eggs Fruit Bacon Juice/milk	2 Meat, egg and cheese burrito. Breakfast potatoes Bacon Fruit Milk/juice	3 Cheesy eggs ½ bagel Sausage Fruit Juice/milk	4 Breakfast bowl Sausage Fruit cup Juice/milk
5 Bagel with cream cheese Sausage Fruit Milk/juice	6 Pancakes Eggs Fruit Sausage Milk/juice	7 Veggie frittata Hashbrowns Fruit Sausage Juice/milk	8 French toast Eggs Fruit Bacon Juice/milk	9 Meat, egg and cheese burrito. Breakfast potatoes Bacon Fruit Milk/juice	10 Cheesy eggs ½ bagel Sausage Fruit Juice/milk	11 Breakfast bowl Sausage Fruit cup Juice/milk
12 Bagel with cream cheese Sausage Fruit Milk/juice	13 Pancakes Eggs Fruit Sausage Milk/juice	14 Veggie frittata Hashbrowns Fruit Sausage Juice/milk	15 French toast Eggs Fruit Bacon Juice/milk	16 Meat, egg and cheese burrito. Breakfast potatoes Bacon Fruit Milk/juice	17 Cheesy eggs ½ bagel Sausage Fruit Juice/milk	18 Breakfast bowl Sausage Fruit cup Juice/milk
19 Bagel with cream cheese Sausage Fruit Milk/juice	20 Pancakes Eggs Fruit Sausage Milk/juice	21 Veggie frittata Hashbrowns Fruit Sausage Juice/milk	22 French toast Eggs Fruit Bacon Juice/milk	23 Meat, egg and cheese burrito. Breakfast potatoes Bacon Fruit Milk/juice	24 Cheesy eggs ½ bagel Sausage Fruit Juice/milk	25 Breakfast bowl Sausage Fruit cup Juice/milk
26 Bagel with cream cheese Sausage Fruit Milk/juice	27 Pancakes Eggs Fruit Sausage Milk/juice	28 Veggie frittata Hashbrowns Fruit Sausage Juice/milk	1 French toast Eggs Fruit Bacon Juice/milk	2 Meat, egg and cheese burrito. Breakfast potatoes Bacon Fruit Milk/juice	3 Cheesy eggs ½ bagel Sausage Fruit Juice/milk	4 Breakfast bowl Sausage Fruit cup Juice/milk