



JANUARY | 2023

PRC Dinner

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Stuffed shells Bread stick Assorted veggies	2 Teriyaki chicken Fried rice Assorted veggies	3 Roasted pork loin Rice pilaf Assorted veggies	4 Lasagna Garlic bread Assorted veggies	5 Pot roast Assorted veggies Dinner roll	6 Veggie mac and cheese Assorted veggies	7 Chicken pot pie Mashed potatoes Assorted veggies
8 Honey glazed pork Double baked cheesy potato Assorted veggies	9 Beef stir fry Lo Mein noodles Assorted veggies	10 Cheesy stuffed chicken Creamy rice Assorted veggies	11 Pesto penne pasta Garlic twist Assorted veggies	12 Meatloaf Double baked potato Assorted veggies	13 BBQ pulled pork Baked beans Corn bread Assorted veggies	14 Stuffed peppers Mashed potatoes Assorted veggies
15 Stuffed shells Bread stick Assorted veggies	16 Teriyaki chicken Fried rice Assorted veggies	17 Roasted pork loin Rice pilaf Assorted veggies	18 Lasagna Garlic bread Assorted veggies	19 Pot roast Assorted veggies Dinner roll	20 Veggie mac and cheese Assorted veggies	21 Chicken pot pie Mashed potatoes Assorted veggies
22 Assorted veggies Honey glazed pork Double baked cheesy potato Assorted veggies	23 Beef stir fry Lo Mein noodles Assorted veggies	24 Cheesy stuffed chicken Creamy rice Assorted veggies	25 Pesto penne pasta Garlic twist Assorted veggies	26 Meatloaf Double baked potato Assorted veggies	27 BBQ pulled pork Baked beans Corn bread Assorted veggies	28 Stuffed peppers Mashed potatoes Assorted veggies
29 Stuffed shells Bread stick Assorted veggies	30 Teriyaki chicken Fried rice Assorted veggies	31 Roasted pork loin Rice pilaf Assorted veggies	1	2	3	4