



# DECEMBER | 2022

## PRC Lunch

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1 Chicken quesadilla Brown rice Asst veggies Fruit Juice/milk	2 Pizza Asst veggies Fruit Juice/milk	3 Crispy chicken Biscuits Asst veggies Fruit
4 Chicken club wrap Chips Potato salad Cookies Fruit cup Juice box	5 Ham and cheese croissant melts Roasted potatoes Asst veggies Fruit Juice/milk	6 Crispy chicken sandwich Homestyle fries Asst veggies Fruit Juice/milk	7 Swedish meatballs Whole grain buttered noodles Asst veggies Fruit Juice/milk	8 Chicken burrito Brown rice Asst veggies Fruit Juice/milk	9 Pizza Asst veggies Fruit Juice/milk	10 Italian beef Roasted potatoes Assorted fruit Veggies Fruit
11 PB&J Chips Pasta salad Cookies Fruit cup Juice box	12 Cheeseburger Roasted potatoes Asst veggies Fruit Juice/milk	13 Homemade chicken tenders Roasted potatoes Asst veggies Fruit Juice/milk	14 Grilled cheese Sweet potatoes Asst veggies Fruit Juice/milk	15 Chicken quesadilla Brown rice Asst veggies Fruit Juice/milk	16 Pizza Asst veggies Fruit Juice/milk	17 Crispy chicken Biscuits Asst veggies Fruit
18 Chicken club wrap Chips Potato salad Cookies/Fruit cup Juice box	19 Ham and cheese croissant melts Roasted potatoes Asst veggies Fruit Juice/milk	20 Crispy chicken sandwich Homestyle fries Asst veggies Fruit Juice/milk	21 Swedish meatballs Whole grain buttered noodles Asst veggies Fruit Juice/milk	22 Break	23 Break	24 Break
25 Break	26 Break	27 Break	28 Grilled cheese Sweet potatoes Asst veggies Fruit Juice/milk	29 Chicken quesadilla Brown rice Asst veggies Fruit Juice/milk	30 Pizza Fruit Asst veggies Juice/milk	31 Crispy chicken Biscuits Asst veggies Fruit