



DECEMBER | 2022

PRC Dinner

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1 Veggie mac and cheese Asst veggie Fruit	2 Porkchops Herbed stuffing Mashed potatoes Asst veggies Fruit	3 White chicken chili Cornbread Asst veggies Fruit
4 BBQ Chicken Baked beans Asst veggies Fruit	5 Herb roasted pork loin Rice pilaf Asst veggies Fruit	6 Meat loaf Mashed potatoes Asst veggies Fruit	7 Pot roast Dinner roll Asst veggies Fruit	8 Penne with kale pesto and Italian sausage Garlic bread Asst veggies Fruit	9 Roasted turkey breast Sweet potatoes Asst veggies Fruit	10 Stuffed peppers Double baked potato Asst veggies Fruit
11 Lasagna roll ups Garlic bread Asst veggies Fruit	12 Cheesy stuffed chicken Creamy rice Asst veggies Fruit	13 Salisbury steak Mashed potatoes Asst veggies Fruit	14 Crockpot chicken pot pie Asst veggies Fruit	15 Veggie mac and cheese Asst veggie Fruit	16 Porkchops Herbed stuffing Mashed potatoes Asst veggies Fruit	17 White chicken chili Cornbread Asst veggies Fruit
18 BBQ Chicken Baked beans Asst veggies Fruit	19 Herb roasted pork loin Rice pilaf Asst veggies Fruit	20 Meat loaf Mashed potatoes Asst veggies Fruit	21 Pot roast Dinner roll Asst veggies Fruit	22 Break	23 Break	24 Break
25 Break	26 Break	27 Break	28 Crockpot chicken pot pie Asst veggies Fruit	29 Veggie mac and cheese Asst veggie Fruit	30 Porkchops Herbed stuffing Mashed potatoes Asst veggies Fruit	31 White chicken chili Cornbread Asst veggies Fruit