

OCTOBER | 2022



PRC Breakfast

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1 Breakfast sandwich Bacon Fruit Juice/milk
2 French toast sticks Sausage Fruit Juice/milk	3 Denver skillet Roasted potatoes Bacon Fresh fruit Juice/milk	4 Pancakes Eggs Fresh fruit Sausage Juice/milk	5 Breakfast burrito Sausage Fresh fruit Juice/milk	6 Cereal Bacon Smoothie Wheat toast Juice/milk	7 Breakfast quesadilla Sausage Fresh fruit Juice/milk	8 Breakfast sandwich Bacon Fruit Juice/milk
9 French toast sticks Sausage Fruit Juice/milk	10 Denver skillet Roasted potatoes Bacon Fresh fruit Juice/milk	11 Pancakes Eggs Fresh fruit Sausage Juice/milk	12 Breakfast burrito Sausage Fresh fruit Juice/milk	13 Cereal Bacon Smoothie Wheat toast Juice/milk	14 Breakfast quesadilla Sausage Fresh fruit Juice/milk	15 Breakfast sandwich Bacon Fruit Juice/milk
16 French toast sticks Sausage Fruit Juice/milk	17 Denver skillet Roasted potatoes Bacon Fresh fruit Juice/milk	18 Pancakes Eggs Fresh fruit Sausage Juice/milk	19 Breakfast burrito Sausage Fresh fruit Juice/milk	20 Cereal Bacon Smoothie Wheat toast Juice/milk	21 Breakfast quesadilla Sausage Fresh fruit Juice/milk	22 Breakfast sandwich Bacon Fruit Juice/milk
23 French toast sticks Sausage Fruit Juice/milk	24 Denver skillet Roasted potatoes Bacon Fresh fruit Juice/milk	25 Pancakes Eggs Fresh fruit Sausage Juice/milk	26 Breakfast burrito Sausage Fresh fruit Juice/milk	27 Cereal Bacon Smoothie Wheat toast Juice/milk	28 Breakfast quesadilla Sausage Fresh fruit Juice/milk	29 Breakfast sandwich Bacon Fruit Juice/milk
30 French toast sticks Sausage Fruit Juice/milk	31 Denver skillet Roasted potatoes Bacon Fresh fruit Juice/milk	1 Pancakes Eggs Fresh fruit Sausage Juice/milk	2 Breakfast burrito Sausage Fresh fruit Juice/milk	3	4	5