

# SEPTEMBER | 2022



## PRC Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Pancakes Eggs Sausage Fruit	2 Meat, egg and cheese scramble Hashbrowns Fruit
5 French toast Eggs Bacon Fruit	6 Biscuits and gravy Eggs Sausage Fruit	7 Ham, egg and cheese on a muffin Bacon Fruit	8 Pancakes Eggs Sausage Fruit	9 Meat, egg and cheese scramble Hashbrowns Fruit
12 French toast Eggs Bacon Fruit	13 Biscuits and gravy Eggs Sausage Fruit	14 Ham, egg and cheese on a muffin Bacon Fruit	15 Pancakes Eggs Sausage Fruit	16 Meat, egg and cheese scramble Hashbrowns Fruit
19 French toast Eggs Bacon Fruit	20 Biscuits and gravy Eggs Sausage Fruit	21 Ham, egg and cheese on a muffin Bacon Fruit	22 Pancakes Eggs Sausage Fruit	23 Meat, egg and cheese scramble Hashbrowns Fruit
26 French toast Eggs Bacon Fruit	27 Biscuits and gravy Eggs Sausage Fruit	28 Ham, egg and cheese on a muffin Bacon Fruit	29 Pancakes Eggs Sausage Fruit	30 Meat, egg and cheese scramble Hashbrowns Fruit

### News

Weekend options:  
 Bagels  
 Breakfast sandwiches  
 French toast sticks  
 Pancakes  
 Sausage/bacon